**Task 1:**

What do you think about the system?

Interesting concept. You can monitor your own progress and your friends as well.

Does the sign-up process make sense?

It makes sense how it all works. I’m not sure if a photo or goal choice is necessary though.

How would you use the group code vs. the creation of the goal? (show them the two screens)

I would try to create a goal if I was using the app myself and the group code if joining because of a friend.

Were you confused by having to create a goal for the sign up?

Yes. My interests and goals might be different sometimes.

Do you think it would be more appropriate to set up a group first or a goal first?

I think it depends on what you’re using the app for. Sometimes you might want to work at a goal with friends not just have them watch you so you need to agree on goal first.

**Task 2:**

Can you explain to us how the goal & milestone creation works?

Goal creates the task. Milestones monitor progress and verifies if they were completed.

Do you understand the relationship between goals and milestones?

Yes, milestones are steps towards a goal.

What sort of frequency would you want to system to allow?

Let the user pick daily/weekly/monthly plan.

Do you understand the idea of selecting a verification method?

Showing the group that you completed tasks.

What types of verifications would you believe would be useful?

Photo, video and in person.

Would you be comfortable with committing to penalties? Why/why not?

Yes, but only if the person doing the task chose it not the group.

What sort of penalties?

It would depend on your group. Friends might have something funny, work might be more serious.

**Task 3:**

Do you think you would be consistent with tracking your progress?

Yes, if I took the time to set this up I would be interested in using it.

How do you feel about your group of friends being able to comment and check your progress?

I think it is good to help keep you in check.

Would it be effective or ineffective for you if you needed friends on a group to peer review your progress?

I think that might annoy people because you might have just signed up to support your friend, not use the app all the time.

Do you feel comfortable submitting evidence such as photographs to confirm you have completed a milestone?

Yes, sometimes people wouldn’t be able to do tasks with me.

What about your location?

Only if it was relevant to my goal.

**Other General Questions:**

What do you think about the overall idea of having a support group to motivate you in achieving goals?

Good idea, it is something that already works for people and this is just another way to do that.

Do you find progress tracking applications helpful?

I don’t really use any, but I know a lot of people who do, it is interesting at least.

Have you used any progress tracking app before? If you which one and why?

No. Sometimes I look at the health app on my phone for how many steps I took in a day but that’s about it.

Do you think we are missing any important aspects in our design?

A chat feature or something similar? Just to talk with the people you invited to the group.

The current structure is based on a group where individuals set goals and milestones for each goal. Are we missing anything? Can you think of a better structure for this?

I think the structure is good. Would be good if a group could set a goal and then everyone records their progress together